

A person with long dark hair tied back, wearing a dark green hooded jacket, sits on a mossy rock ledge. Beside them, a husky-type dog sits upright, looking towards the right. The background is a vast, hazy landscape with rolling hills and a body of water under a clear blue sky.

**人之所以苦惱，並非因為事情的本
身，而是因為他們對事
情的看法。**

古羅馬－艾比克泰德