

| 國中<br>部                                          | 110下 | 聖 心 女 中 體 適 能 成 績 統 計 表 |             |             |             |             |             |             |             |             |             |             |             |             |             |             |     |     |     |     |     |
|--------------------------------------------------|------|-------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----|-----|-----|-----|-----|
|                                                  | 統計項目 | 國<br>三<br>忠             | 國<br>三<br>孝 | 國<br>三<br>仁 | 國<br>三<br>愛 | 國<br>三<br>和 | 國<br>二<br>忠 | 國<br>二<br>孝 | 國<br>二<br>仁 | 國<br>二<br>愛 | 國<br>二<br>和 | 國<br>一<br>忠 | 國<br>一<br>孝 | 國<br>一<br>仁 | 國<br>一<br>愛 | 國<br>一<br>和 | 國三  | 國二  | 國一  | 合計  | %   |
| 受測<br>人數                                         | 班級人數 | 38                      | 37          | 50          | 49          | 42          | 42          | 40          | 39          | 39          | 42          | 38          | 38          | 38          | 37          | 39          | 216 | 202 | 190 | 608 |     |
|                                                  | 施測人數 | 38                      | 37          | 50          | 47          | 40          | 40          | 38          | 37          | 32          | 32          | 36          | 36          | 34          | 36          | 39          | 212 | 179 | 181 | 572 | 94% |
|                                                  | 未測人數 | 0                       | 0           | 0           | 2           | 2           | 2           | 2           | 2           | 7           | 10          | 2           | 2           | 4           | 1           | 0           | 4   | 23  | 9   | 36  | 6%  |
| BMI<br>評等                                        | 平均表現 | 20                      | 21          | 20          | 20          | 20          | 20          | 21          | 20          | 19          | 20          | 20          | 19          | 20          | 19          | 19          | 20  | 20  | 19  | 20  |     |
|                                                  | 過瘦   | 1                       | 6           | 3           | 3           | 4           | 3           | 2           | 1           | 6           | 2           | 2           | 5           | 3           | 0           | 5           | 17  | 14  | 15  | 46  | 8%  |
|                                                  | 正常範圍 | 30                      | 18          | 37          | 34          | 32          | 30          | 29          | 32          | 27          | 28          | 29          | 27          | 30          | 32          | 29          | 151 | 146 | 147 | 444 | 73% |
|                                                  | 過重   | 4                       | 10          | 7           | 8           | 3           | 5           | 4           | 3           | 5           | 8           | 5           | 4           | 4           | 5           | 3           | 32  | 25  | 21  | 78  | 13% |
|                                                  | 肥胖   | 3                       | 3           | 3           | 4           | 3           | 4           | 5           | 3           | 1           | 4           | 2           | 2           | 1           | 0           | 2           | 16  | 17  | 7   | 40  | 7%  |
|                                                  | 未測   | 0                       | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0   | 0   | 0   | 0   |     |
|                                                  | 平均表現 | 38                      | 43          | 38          | 39          | 38          | 45          | 45          | 43          | 44          | 41          | 38          | 37          | 41          | 41          | 32          | 39  | 43  | 38  | 40  |     |
| 姿<br>體<br>前<br>彎<br>(測<br>三<br>次<br>擇<br>一<br>次) | 最佳表現 | 55                      | 65          | 54          | 63          | 58          | 60          | 62          | 55          | 65          | 59          | 58          | 53          | 60          | 57          | 51          | 65  | 65  | 60  | 63  |     |
|                                                  | 最低表現 | 1                       | 21          | 15          | 5           | 5           | 20          | 30          | 21          | 24          | 20          | 3           | 6           | 30          | 16          | 2           | 1   | 20  | 2   | 8   |     |
|                                                  | 金牌   | 17                      | 22          | 23          | 24          | 18          | 31          | 27          | 25          | 22          | 21          | 20          | 19          | 22          | 22          | 9           | 104 | 126 | 92  | 322 | 53% |
|                                                  | 銀牌   | 5                       | 5           | 7           | 8           | 1           | 2           | 5           | 6           | 5           | 0           | 3           | 6           | 6           | 7           | 7           | 26  | 18  | 29  | 73  | 12% |
|                                                  | 銅牌   | 7                       | 5           | 9           | 9           | 11          | 5           | 7           | 5           | 3           | 7           | 10          | 7           | 9           | 5           | 11          | 41  | 27  | 42  | 110 | 18% |
|                                                  | 中等   | 7                       | 4           | 8           | 3           | 10          | 1           | 0           | 0           | 1           | 3           | 2           | 2           | 0           | 1           | 5           | 32  | 5   | 10  | 47  | 8%  |
|                                                  | 請加強  | 2                       | 1           | 3           | 4           | 2           | 1           | 0           | 1           | 1           | 3           | 3           | 4           | 0           | 1           | 7           | 12  | 6   | 15  | 33  | 5%  |
|                                                  | 未測   | 0                       | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0   | 0   | 0   | 0   |     |
| 立<br>定<br>跳<br>遠<br>(測<br>三<br>次<br>擇<br>一<br>次) | 平均表現 | 161                     | 162         | 163         | 158         | 154         | 167         | 167         | 158         | 167         | 155         | 156         | 161         | 161         | 158         | 152         | 160 | 163 | 158 | 160 |     |
|                                                  | 最佳表現 | 215                     | 209         | 210         | 194         | 193         | 217         | 210         | 205         | 218         | 193         | 196         | 200         | 195         | 210         | 208         | 215 | 218 | 210 | 218 |     |
|                                                  | 最低表現 | 105                     | 110         | 110         | 105         | 99          | 120         | 108         | 100         | 115         | 107         | 108         | 100         | 124         | 120         | 105         | 99  | 100 | 100 | 100 |     |
|                                                  | 金牌   | 18                      | 18          | 25          | 17          | 11          | 21          | 23          | 18          | 19          | 13          | 17          | 19          | 16          | 15          | 12          | 89  | 94  | 79  | 262 | 45% |
|                                                  | 銀牌   | 3                       | 2           | 6           | 10          | 7           | 7           | 6           | 5           | 4           | 3           | 3           | 7           | 4           | 5           | 5           | 28  | 25  | 24  | 77  | 13% |
|                                                  | 銅牌   | 11                      | 9           | 12          | 9           | 13          | 7           | 3           | 8           | 5           | 9           | 7           | 4           | 13          | 9           | 11          | 54  | 32  | 44  | 130 | 22% |
|                                                  | 中等   | 3                       | 5           | 3           | 6           | 8           | 3           | 3           | 2           | 3           | 7           | 10          | 7           | 3           | 7           | 8           | 25  | 18  | 35  | 78  | 13% |
|                                                  | 請加強  | 3                       | 3           | 4           | 5           | 1           | 2           | 3           | 4           | 1           | 2           | 1           | 1           | 0           | 0           | 3           | 16  | 12  | 5   | 33  | 6%  |
|                                                  | 未測   | 0                       | 0           | 0           | 2           | 2           | 2           | 2           | 2           | 7           | 8           | 0           | 0           | 2           | 1           | 0           | 4   | 21  | 3   | 28  |     |
| 仰<br>臥<br>起<br>坐<br>(以<br>60秒<br>內計<br>次)        | 平均表現 | 33                      | 33          | 34          | 37          | 34          | 38          | 37          | 31          | 36          | 29          | 32          | 34          | 31          | 32          | 34          | 34  | 34  | 33  | 34  |     |
|                                                  | 最佳表現 | 50                      | 62          | 57          | 58          | 54          | 60          | 54          | 44          | 58          | 59          | 50          | 51          | 48          | 45          | 52          | 62  | 60  | 52  | 62  |     |
|                                                  | 最低表現 | 10                      | 10          | 10          | 10          | 15          | 23          | 19          | 8           | 19          | 7           | 15          | 13          | 17          | 20          | 1           | 10  | 7   | 1   | 1   |     |
|                                                  | 金牌   | 17                      | 11          | 23          | 30          | 18          | 26          | 25          | 16          | 18          | 12          | 12          | 20          | 10          | 12          | 22          | 99  | 97  | 76  | 272 | 47% |
|                                                  | 銀牌   | 5                       | 6           | 4           | 4           | 7           | 5           | 2           | 8           | 3           | 2           | 3           | 3           | 4           | 1           | 3           | 26  | 20  | 14  | 60  | 10% |
|                                                  | 銅牌   | 7                       | 10          | 12          | 4           | 8           | 7           | 9           | 2           | 8           | 6           | 13          | 5           | 6           | 14          | 6           | 41  | 32  | 44  | 117 | 20% |
|                                                  | 中等   | 6                       | 7           | 8           | 9           | 2           | 2           | 1           | 1           | 2           | 5           | 4           | 4           | 12          | 6           | 3           | 32  | 11  | 29  | 72  | 12% |
|                                                  | 請加強  | 3                       | 3           | 3           | 1           | 7           | 0           | 2           | 10          | 1           | 9           | 6           | 6           | 4           | 3           | 5           | 17  | 22  | 24  | 63  | 11% |
|                                                  | 未測   | 0                       | 0           | 0           | 1           | 0           | 2           | 1           | 2           | 7           | 8           | 0           | 0           | 2           | 1           | 0           | 1   | 20  | 3   | 24  |     |
| 心<br>肺<br>適<br>能<br>(800<br>M換<br>算為<br>秒)       | 平均表現 | 286                     | 274         | 274         | 270         | 257         | 238         | 244         | 244         | 254         | 244         | 259         | 261         | 273         | 264         | 258         | 272 | 245 | 263 | 260 |     |
|                                                  | 最佳表現 | 208                     | 199         | 219         | 204         | 198         | 176         | 179         | 203         | 200         | 182         | 194         | 192         | 183         | 181         | 187         | 198 | 176 | 181 | 176 |     |
|                                                  | 最低表現 | 761                     | 349         | 731         | 462         | 386         | 359         | 309         | 281         | 349         | 312         | 316         | 417         | 510         | 418         | 299         | 761 | 359 | 510 | 761 |     |
|                                                  | 金牌   | 15                      | 8           | 20          | 16          | 17          | 29          | 22          | 23          | 23          | 23          | 12          | 16          | 11          | 15          | 10          | 76  | 120 | 54  | 250 | 42% |
|                                                  | 銀牌   | 8                       | 9           | 7           | 7           | 7           | 5           | 6           | 7           | 5           | 7           | 5           | 9           | 8           | 7           | 10          | 38  | 30  | 39  | 107 | 18% |
|                                                  | 銅牌   | 5                       | 9           | 11          | 12          | 13          | 4           | 8           | 8           | 8           | 8           | 11          | 4           | 12          | 9           | 12          | 50  | 36  | 48  | 134 | 23% |
|                                                  | 中等   | 5                       | 2           | 8           | 10          | 3           | 1           | 3           | 0           | 1           | 1           | 8           | 3           | 1           | 1           | 7           | 28  | 6   | 20  | 54  | 9%  |
|                                                  | 請加強  | 5                       | 9           | 4           | 3           | 1           | 2           | 0           | 0           | 2           | 0           | 0           | 4           | 5           | 5           | 0           | 22  | 4   | 14  | 40  | 7%  |
|                                                  | 未測   | 0                       | 0           | 0           | 1           | 1           | 1           | 1           | 1           | 0           | 3           | 2           | 2           | 1           | 0           | 0           | 2   | 6   | 5   | 13  |     |
| 總<br>評                                           | 金質獎  | 5                       | 6           | 4           | 5           | 5           | 10          | 8           | 4           | 9           | 3           | 3           | 6           | 4           | 4           | 1           | 25  | 34  | 18  | 77  | 13% |
|                                                  | 銀質獎  | 3                       | 5           | 5           | 6           | 5           | 8           | 6           | 12          | 5           | 2           | 4           | 5           | 3           | 4           | 2           | 24  | 33  | 18  | 75  | 13% |
|                                                  | 銅質獎  | 12                      | 9           | 13          | 12          | 6           | 14          | 15          | 8           | 10          | 11          | 7           | 9           | 8           | 14          | 13          | 52  | 58  | 51  | 161 | 28% |
|                                                  | 中等人數 | 9                       | 6           | 18          | 14          | 14          | 5           | 5           | 2           | 4           | 5           | 15          | 7           | 10          | 7           | 13          | 61  | 21  | 52  | 134 | 23% |
|                                                  | 通過率  | 76%                     | 70%         | 80%         | 79%         | 75%         | 93%         | 89%         | 70%         | 88%         | 66%         | 81%         | 75%         | 74%         | 81%         | 74%         | 77% | 82% | 77% | 78% | 78% |